

stoicism and the art pdf

Stoicism is a school of Hellenistic philosophy founded by Zeno of Citium in Athens in the early 3rd century BC. While Stoic physics are largely drawn from the teachings of the philosopher Heraclitus, they are heavily influenced by certain teachings of Socrates. Stoicism is predominantly a philosophy of personal ethics informed by its system of logic and its views on the natural world.

Stoicism - Wikipedia

Finding your trading zen might seem overwhelming, but it's right there for you to embrace. Just use self-control and fortitude to overcome destructive emotions—this is the ancient Greek philosophy of Stoicism and every trader should swallow a significant dose of it.

Find Your Inner Trading Calm in Ancient Stoicism

Stoicism was a school of ancient philosophy founded in Athens by the Phoenician merchant Zeno of Citium around 301 BC. It was originally called Zenonism but came to be known as Stoicism because Zeno and his followers met in the Stoa Poikil^a, or Painted Porch.

What is Stoicism? A Definition & 10 Stoic Key Principles

My team and I have been working on this for more than six months, and it's finally finished!. The Tao of Seneca: Letters from a Stoic Master is a small thank-you gesture to all of you—three volumes of Stoic writing starring Seneca, complete with original illustrations, profiles of modern Stoic figures, interviews, original Japanese and Chinese calligraphy to match themes, and much more.

Tao of Seneca — Free PDFs | The Blog of Author Tim Ferriss

Zeno of Citium (/ ˈz iː n oʊ ˈiː /; Greek: Ζήνων ἡ Kitieus; c. 334 — c. 262 BC) was a Hellenistic thinker, of Phoenician descent, from Citium (Ἰστίῃ, Ἰτίη, Kition), Cyprus. Zeno was the founder of the Stoic school of philosophy, which he taught in Athens from about 300 BC. Based on the moral ideas of the Cynics, Stoicism laid great emphasis on goodness and ...

Zeno of Citium - Wikipedia

A bird's eye view of the vineyard. (1) Leave the name field empty if you want to post as Anonymous. It's preferable that you choose a name so it becomes clear who said what.

Alas, this is far from over! | The Vineyard of the Saker

A recent paraphrase from a Beginner Mustachian: —Hey MMM. I can see the financial benefits of your lifestyle. But I just have different tastes. I like my better wine, and my husband really likes his books and his iPad. So we figure that if we would really enjoy something, we might as well get it ...

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