

the athletic trainers pocket pdf

Sneakers (also called athletic shoes, tennis shoes, gym shoes, sport shoes, runners, or trainers) are shoes primarily designed for sports or other forms of physical exercise, but which are now also widely used for everyday wear. The term generally describes a type of footwear with a flexible sole made of rubber or synthetic material and an upper part made of leather, synthetic substitutes or cloth.

Sneakers - Wikipedia

4 | Page athletes, teachers, trainers, parents. In addition, ThinkFirst also had a concussion card for Football Canada and Hockey Canada. Concussion tools included wallet cards, pocket cards

DRAFT Final Report Sports: Review of Concussion

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Modern footwear is usually made up of leather or plastic, and rubber. In fact, leather was one of the original materials used for the first versions of a shoe. The soles can be made of rubber or plastic, sometimes having a sheet of metal inside.

Footwear - Wikipedia

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